



**LA PIEMONTESA**

## **Allergens Manual**

— Franquicias La Piemontesa —



LA PIEMONTESA

### ALLERGENS INFORMATION

In accordance with Regulation (EU) No. 1169/2011, Franquicias la Piemontesa offers its customers the latest allergen information through ongoing reviews of its good hygiene and handling practices.

All our restaurants have a system for managing and assessing the products that could cause food allergies or intolerances, with the view to informing our customers of the presence, or absence, of allergens in our dishes.

At La Piemontesa, we do our utmost to reduce the presence of allergens as much as possible by employing good preparation practices, however, we cannot ensure the complete absence of traces in our dishes given the fact we have a single production line.

If you are particularly sensitive to a certain allergen, please inform our staff.

Please ask for information every time you visit our establishments as this information may be amended in accordance with the ingredients in our dishes.



## LA PIEMONTESA

### ALLERGENS KEY



Cereals containing gluten, namely: wheat, rye, barley, oats, spelt, khorasan wheat or their hybrid strains and products thereof, except:

- a) wheat-based glucose syrups, including dextrose (1).
- b) wheat-based maltodextrins (1).
- c) barley-based glucose syrups.
- d) cereals used for making distillates, including ethyl alcohol of agricultural origin.



Eggs and products thereof.



Milk and products thereof (including lactose), except:

- d) whey used for making distillates, including ethyl alcohol of agricultural origin.
- b) lactitol.



Fish and products thereof, except:

- a) fish gelatine used as carrier for vitamin or carotenoid preparations.
- b) fish gelatine or Isinglass used as a fining agent in beer and wine.



Molluscs and products thereof.



Crustaceans and products thereof.



Peanuts and products thereof.



Soybeans and products thereof, except:

- a) fully refined soybean oil and fat (1)
- b) natural mixed tocopherols (E306), natural D-alpha tocopherol, natural D-alpha tocopherol acetate and natural D-alpha tocopherol succinate from soybean sources
- c) vegetable-oils derived phytosterols and phytosterol esters from soybean sources
- d) plant stanol ester produced from vegetable-oil sterols from soybean sources.



Nuts, namely: almonds (*Amygdalus communis* L.), hazelnuts (*Corylus avellana*), walnuts (*Juglans regia*), cashews (*Anacardium occidentale*), pecan nuts (*Carya illinoensis* [Wangenh.] K. Koch), Brazil nuts (*Bertholletia excelsa*), pistachio nuts (*Pistacia vera*), macadamia or Queensland nuts (*Macadamia ternifolia*), and products thereof, except for nuts used for making alcoholic distillates including ethyl alcohol of agricultural origin.



Sesame seeds and products thereof.



Celery and products thereof.



Mustard and products thereof.



Lupin and products thereof.



Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre in terms of the total SO<sub>2</sub>, which are to be calculated for products as proposed ready for consumption or as reconstituted according to the instructions of the manufacturer

1) And the products thereof, in so far as the process that they have undergone is not likely to increase the level of allergenicity assessed by the European Food Safety Authority (EFSA) for the relevant product from which they originated.



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Revision: 1 | Date: 20/03/2025

													
Gluten	Eggs	Dairy	Fish	Molluscs	Crustaceans	Peanuts	Soybeans	Nuts	Sesame	Celery	Mustard	Lupin	Sulphur dioxide and sulphites

### *Pane e pierina*

SELECTION OF FOCACCIAS	
PIERINA PARMIGIANA	  
PIERINA TARTUFATA	  
PIERINA MISTA	  

### *Starter*

BOWL OF ARTICHOKEs AND DUCK LIVER	
TRADITIONAL CROQUETTES	     
INVOLTINI FREDO DI CREPE	   
BEEF CARPACCIO	 + PIERINA 
BURRATA DELLA PUGLIA	 

### *Salads*

PAESE	   
CRISPY CHICKEN	 
IL NOSTRO BOWL	    
GIULIETTA	
LUNGO MARE	     



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### *Vinaigrette*

HONEY AND PISTACHIO	 
BALSAMIC VINEGAR	
TRADITIONAL DRESSING	

### *Oven-baked dishes*

GRAN CANNELLONI	    
CANNELLONI DI MARE	       
LASAGNA DI SPINACI E GAMBERI	       
LASAGNA DI BOLOGNA	   
MISTO DEL TESORERO	     

### *Risottos*

MONTERA	    
TARTUFO D'ALBA	   
NERO DI SEPPIA	       
PIEMONTE	  



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### *Fresh pasta*

BALLERINE	 
RIGATONI	 
TAGLIATELLE	 
FUSILLI	 
DURUM WHEAT SPAGHETTI	

### *Fresh pasta stuffed*

CUORE DI FOIE	  
RAVIOLI	     
TORTELLINI	   
TRIANGOLI	   
PANZOTTI	  

\*Customers who add **Grana Padano** to their dish must also consider the following allergens: Egg and Milk.



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### Sauces

LIGURIAN								
PESTO GENOVESE								
CASALINGA								
LIVER AND TRUFFLE								
TRUFFLE AND MUSHROOMS								
BOLOGNESE								
ARRABIATA								
CARBONARA								
AGLIO OLIO E PEPERONCINO								
CINQUE FORMAGGI								
CHAMPI ALMONS								
TRUFFLE AND PARMIGIANO								
NERO DI SEPIA								



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### *Mediterranean fusion*

WILD BLUEFIN TUNA						
WILD BLUEFIN TUNA TARTARE						
GRILLED OCTOPUS LEG						
SPAGHETTI VONGOLE						
TAGLIATELLE AL FRUTTI DI MARE						
SPAGHETTI EN CARROZA						
SPAGHETTI FUSIÓN (COVER DISH)						

### *Grilled meats*

LOIN AL PEPE						
ANGUS BEEF ENTRECÔTE	GRILLED · DOES NOT CONTAIN ALLERGENS WITH SAUCE · DEPENDS ON MEAT SAUCE					
ANGUS BEEF TENDERLOIN	GRILLED · DOES NOT CONTAIN ALLERGENS WITH SAUCE · DEPENDS ON MEAT SAUCE					
ANGUS BEEF BURGER						
MAXI IBERIAN PORK TENDERLOIN SKEWER						

SAUCE MESONE	
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RUSTIC BREAD	
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*Sauces for grilled meats*

FIorentina					
HONEY AND MUSTARD					
TRUFFLED					

\*The allergens in our side dishes are not considered in this document.

*Meats at a low temperature*

CHICKEN			
TENDER LAMB LEG			
TENDER LAMB SHOULDER			



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*Pizzas, the classics*

PROSCIUTTO			
PEPPERONI			
QUATTRO STAGIONI			
BISMARCK			
FIVE CHEESES			
CARTOCCIO			
TONNO E SALMONE			
CAPRI			

*Pizzas, our specials*

PIEMONTESE			
PARMIGIANA			
DELL' EMILIA			
DIAVOLA			
ALMADRABA			
MELANZANA			
CALZONE			
PIZZAIOLO			



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*Desserts*

CHEESECAKE WITH PINE NUTS						
CANNOLI SICILIANO						
COCONUT AND PINEAPPLE IGLOO						
TIRAMISÚ						
COULANT						
PANNA COTTA						
CHOCO ROCHER						
NUTELLA CRÊPE						
CHEESECAKE FLAN						

*Ice cream*

SPRING CUP						
NUTELLA CUP						



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### ICE CREAM

+ WAFER

VANILLA AND MACADAMIA NUT



CHOCO ROCHER



FIOR DI LATTE



PANETTONE AL TUTTI FRUTTI



STRAWBERRY



### SORBETS

+ WAFER

LEMON

DOES NOT CONTAIN ALLERGENS

ICE CREAM/SORBET WAFER



*Ice cream and sorbet*



